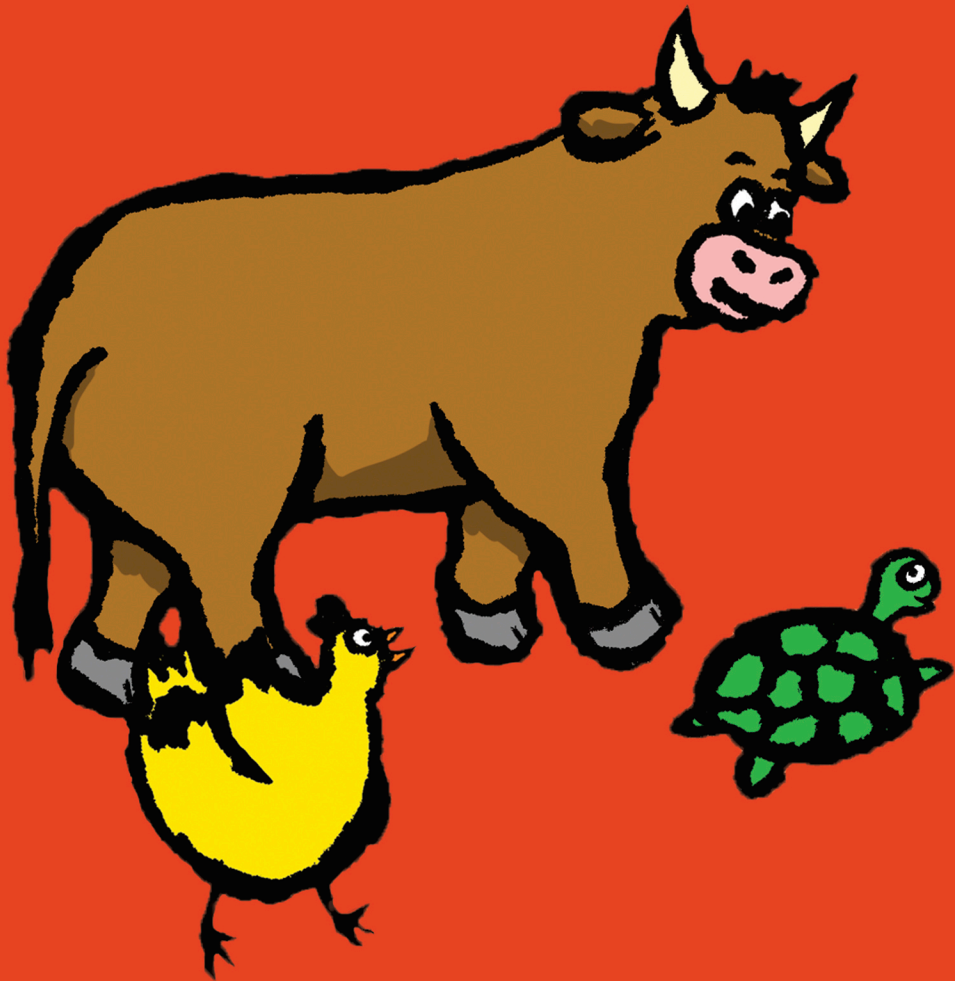
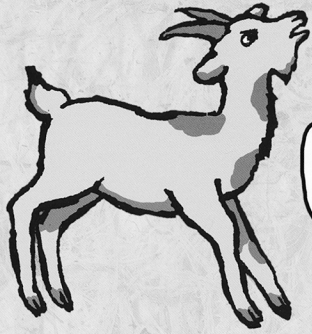


BE A FRIEND, NOT A BULLY!



A picture book by

LAURA VACCARO SEEGER



**BE A FRIEND,
NOT A BULLY!**

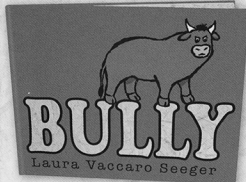
Take the Anti-Bullying Pledge

I promise to take a stand against bullying.

I will have the courage to speak out
when I see others being bullied.

It is my responsibility to help others being
bullied and to report bullying when I see it.

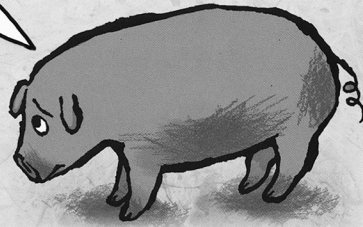
I will treat others with respect and kindness.



Classroom Activity: Post this pledge in a prominent area of your classroom. Have students "sign" the pledge with their handprints. Have students trace their hands on construction paper, cut them out, and write their names on them.

Bully by Laura Vaccaro Seeger
978-1-59643-630-5 • HC \$16.99/\$18.99 CAN

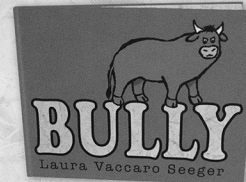
**BE A FRIEND,
NOT A BULLY!**



Classroom Rules to Prevent Bullying

1. We will not bully other students.
2. We don't tease, call each other names, or put our classmates down.
3. We don't shove, kick, punch or hit.
4. We will help others that are being bullied by speaking out or getting adult help.

5. _____
6. _____
7. _____
8. _____



Classroom Activity: When students set their own rules they learn to manage their own behaviors. Work as a class to add your own rules to the ones listed above. Post the rules in a prominent place in your classroom and amend as needed throughout the year.

Bully by Laura Vaccaro Seeger
978-1-59643-630-5 • HC \$16.99/\$18.99 CAN

